

ANNUAL SYLLABUS 2023-24 CLASS II

Proposed Rationalized Syllabus (2023-24)

Name of the book: IT PLANET-CODEBOT(PMP PUBLISHERS)

Subject: Computer Science

Prescribed Book by CES other than NCERT

						dational Stage NCF	
Chapter No.	Name of the Chapter	Month	Time duratio n for the topic	Conte nt to be taken up as/ Delete d/Resh uffled	Reas on for ratio nalis ation	Remarks / Activities	Project chapter/ Integrated with
Chapter 1	Computer at various places	April- May	8 - 10 periods	-	-	Do the Lab activity given on page 14	Integrated Topic R1:ANIMALS Create a Slideshow of scenes as
Chapter 3	Fun with Tux Paint	July	8 - 10 periods	-	-	Do the Lab activity given on page 32	given on page 29 for different animals.
Chapter 2	Computer Devices	Augus t	08 periods	-	-	Do the Lab activity given on page 20	Integrated Topic R2:PLANT OUR GREEN FRIENDS Write 10 lines about medicinal
Chapter 4	Word 2016	Se pte mb er	08 periods	-	-	Do the Lab activity given on page 42	plants on MS WORD and apply formatting features
Chapter 5	MS Paint	Oct ob er	08 periods	-	-	Do the Lab activity given on page 54 Rub A Dub: Digital Collage(Diwali)	Integrated Topic R3:WATER Create a scenery of Rainy season in MS Paint and it should be lush and green
Chapter 6	Arrangements of Patterns	No ve mb er	08 periods	-	-	Do the Lab activity given on page 62	
Chapter 7	Fun with Scratch Jr	Dece mber	08 periods	-	-	Do the Lab Activity given on the page	Integrated Topic R4:WEATHER AND SEASONS Create a Spring



						number 75	season scene in Scratch Jr
							and add 2 sprites related to
							it.
Chapter	Fun with	Janua	08	-	-	=	-
7	Scratch Jr	ry	periods				
Chapter	Revision	Febru	08	-	-	=	-
9		ary	periods				

Name of the book : <u>VIVA EDUCATION ENVIRONMENTAL STUDIES-1</u>

Subject : EVS

Prescribed Book by CES other than NCERT

		•	TOOCHDOG DO	ok by c	LS other trium	TOEITI	
				(Fo	ollows foundational S	itage NCF 2022)	
Chapt er No.	Name of the Chapt er	Mont h	Time duration for the topic	Conte nt to be taken up as/ Delet ed/Re shuffl	Reason for rationalisation	Remarks / Activities	Project chapter
Chapt er 1	About Me	A P R I L	8-10 periods	Activi ty Base d	Done in class 1 To explore the practical aspects of the chapter in order to strengthen the psychomotor domain specific learning	Suggested Activities: • Poem Creation and Recitation • Self-portrait making	-
Chapt er 2	Huma n Body		8-10 periods	None	-	-	-
Chapt er 3	My Wond erful Family	MAY	6 periods	Activi ty Base d	Done in Class 1 To be discusse d in Class 3 in detail Activity based approach to aid retention of content	Suggested Activity: Observing and discussing structures of families and similarities in our features with our parents. Scrapbookin g Comparing eye colours/hair colour in the family	-



Chant	We	JUNE	0 parioda	None	T	T	
Chapt er 4	Need Food	JUNE	8 periods	None	-	-	-
Chapt er 5	Clothe s We Wear	J	12 periods	Proje ct Base d Learn ing	-	Suggested Activity: Clothes Around the World: Collage making using magazines and newspapers Clothes through the Generations: Photobook making Interstate Collaborative Activity on traditional clothing	Ch- 5 Clothes We Wear Clothes Around the World: Collage making using magazine s and newspap ers Clothes through the Generatio ns: Photoboo k making Interstate Collaborative Activity on
Chapt er 6	We Need Shelte r		12 periods	None	-	-	traditional clothing
Chapt er 7	Be Safe and Healt hy	A U G	10 - 13 periods	Hand s-On Activi ty Base d	To ensure the imbibition of concepts and creation of active correlation between the content and daily lived	Suggested Activity: Traffic Signs Show and Tell First Aid Box Making Good Posture, Healthy You Activity: Good posture will be explained along with good posture handout distribution followed by peer checking of posture	-
		S				shall be carried out for standing and sitting posture.	

					·		
Chapt er 8	My Schoo I	Т	10 - 13 periods	Explo ratio n Base d Lear ning	• To provide the learners with an opportun ity to learn via explorati on and project based approac h	Suggested Activities: Create a "myschool" comic strip Map my School Activity	-
Chapt er 9	Neigh bours and Neigh bourh ood	S E P T E	10 - 12 periods	None	-	-	-
Chapt er 10	Peopl e We Need	M B E R	10 - 12 periods	Activi ty Base d	 Done in class 1 To be done in detail in class 3 To follow spiral approach and create a smooth learning transition 	Suggested Activity: Roleplay/ Dramatisation Dress Up and Speak Up	-
Chapt er 11	Celebr ating Festiv als	O C	10 – 11 periods	None	-	-	-

Chapt	Directi		10 - 11 periods	Proje	-	Suggested Activity:	Ch- 12
er 12	ons,		· · · - · · ·	ct		Wind vane	
	Travel			base		making	Directions , Travel
	and	Т		d		Communicatin g Emotions:	and Communication
	Comm			Peda		Draw faces	Wind
	unicat			gogy		with different	vane
	ion	0		Colla		emotions on	making
				borati		small paper and practice	Communi cating
				ve		acting them	Emotions:
				Activi		out. Ask a	Draw
				ty		partner to	faces
		В				guess the emotion	with different
						portrayed,	emotions
						using different	on small
						types of	paper
		E				communicatio n, such as	and practice
						facial	acting
						expressions,	them out.
						tone of voice,	Ask a
						and body language	partner to guess the
		R				Pen Pal	emotion
						Project	portrayed
						(Collaborative	, using
						Activity) • Communicatio	different types of
						n Games	communi
							cation,
							such as
							facial expressio
							ns, tone
							of voice,
							and body
							language ● Pen Pal
							Project
							(Collabor
							ative
							Activity) Communication
							Games
Chapt	Weat		10 periods	Activ	Done in	Suggested Activities	-
er 13	her	N		ity	Class 1 • The	Weather & Segment	
	and	0		Base d	learners	Season Pictionary	
	Seaso ns				shall be	Story Read	
	113	V			able to	Aloud	
		E			record observat	https://storyw eaver.org.in/st	
					ions,	ories/198886-	
		М			experien	the-joy-of-	
		_			ces, informati	rhyming- seasons-	
		В			on on	nature	
		E			objects/a	(Story:The Joy	
					ctivities/ places	Of Rhyming- Seasons and	
		R			visited in	Nature)	
					different		
					ways		

	1	I	T	1		T	1
					and		
					predict		
Chapt	The		10 periods	None	patterns.	_	_
er 14	World		l to perious	None	_	_	_
er 14	of						
	Plants		10 10 1				
	The	D	10 – 12 periods	None	-	-	-
Chapt	World	E					
er 15	of	С					
	Anima	E					
	ls	М					
	The	В	10 - 12 periods	Activ	-Discussed in	Suggested Activity:	-
Chapt	World	E		ity	Class 1	Make a picture of the	
er 16	Aroun	R		base	-To aid better	Earth in MS paint.	
	d Us			d	understanding of	Write a catchy slogan	
					concepts related	beneath it followed by	
					to the	classroom discussion.	
					environment		
	Air	JANU	10 periods			Suggested Activities:	-
Chapt		ARY	'			Dramatisation	
er 17						on hazardous	
0,					-	effect of Air	
						Pollution	
						 DIY pollution 	
						catcher.	
	Water	FEBR	10 periods			Suggested Activities:	-
Chapt		UARY				Sink and Float	
er 18						Activity	
						Explaining the	
						Water cycle	
					_	through a Diagram.	
						Bubble Fun	
						activity	
						Water Safety	
						rules, Water	
						Transport	
						Collage	

Name of Book	CES MATHS
Subject	MATHS

Prescribed Book by CES other than NCERT......

Chapte r No.	Name of the chapter	Time duratio n for the topic	Content to be deleted / reshuffled	Reason	Comparison from NCERT book	Remark	Project chapter
1.	Revisiting class 1	July	Nil		Explanation using pictures and practice	Mental maths questions	Arrow cards



				questions		
3	Place value and numbers		 	Do	Do	
4	More about numbers		 	Do	Do	
2.	Shapes	June	 	Do	Do	Create scenery using shapes
7.	Pattern		 	Do	Do	Create own patterns
5.	Addition	July	 	Do	Do	
6.	Subtraction	August	 	Do	Do	
8.	Measuremen t of length		 	Do	Do	Measuring Tools
9.	Weight	Oct	 	Do	Do	Application of measuremen t
10.	Capacity		 	Do	Do	
11.	Multiplicatio n	Nov	 	Do	Do	
12.	Data Handling					Draw pictograph of favourite fruits of class students
13.	Division	Dec				
14.	Continue division	Jan				
15.	Fraction					Paper cutting of showing fractions
16.	Time and Calendar	Feb				Make a calendar of 2024

Prescribed Book by CES other than NCERT......

Unit No.	Name of the chapter	Time duration for the topic	Content to be deleted / reshuffled	Reason	Comparison from NCERT book	Remark	Project chapter
1 April	My Country	2 Pd	NA				
2 June	Around the world	3pd	NA				
3 July	Environm ent and the world of science	3pd	NA				::
4 August	The world of plants and animals	3pd	NA				::
5 Septemb er	Art and literature	2pd	NA				
6 October	Grammar and language	2pd	NA				
7 Novembe r	Sports and Games	3pd	NA				
8 Decembe r	Moral Values and life skills	3pd	NA				
9 January	Mind Games	3pd	NA				
10	Trivia Corner	2pd	NA				

SUBMITTED BY - MRS PREETI MARWAHA

Name of Book	_Nayi Aashayein
Subjecthind	i

Prescribed Book by CES other than NCERT.....

_			Culei ulaii i				
Chapter No.	Name of the chapter	Time duration for the topic	Content to be deleted / reshuffled	Reason	Comparison from NCERT book	Remark	Project chapter
Vyakaran	पुनराभ्यास स्वर , व्यंजन, वर्णमाला , मात्राएं, संज्ञा , बारहखड़ी	10 days April	None		अधिक उदाहरण द्वारा अभ्यास	Good exercise s	
1.	हुआ सवेरा वचन, संयुक्त व्यंजन, कार्य पत्रिका	10 days April	None		do	п	राष्ट्रीय ध्वज बनाना।
2. 3.	चिड़िया और हाथी निराली का फ़ैसला	10 days June	None		do	п	
4.	सॉरी मम्मी	5 days July	None		do	11	
5.	चिड़िया+ गिनती, रंगों के नाम	10 days July	None		do	п	स्वच्छता पर एक पोस्टर बनाना ।
6.	चलो खेलते हैं+ संज्ञा, कार्यपत्रिका	12 days August	None		do	п	
7.	चतुर मुर्गा	12 days August	None		do	II	5,5 वृक्षों के नाम

8.	गिलहरी और चना					लिखिए।
9.	नीम का पेड़ + कार्यपत्रिका	10 days Septemb er	None	 do	п	
	सर्वनाम , वाक्यांश , निबंध राखी	5 days Septemb er	None	 do	п	पेड़ से मिलनेवा ली वस्तुओं के नाम लिखकर चित्रबना ओ।
व्याकरण	दोहे, लिंग शब्द, अपठित गद्यांश + कार्य पत्रिका।	10 days October	None	 do	n	
10.	सबका बगीचा क्रिया शब्द, पर्यायवाचीश ब्द	10 days October	None	 do	н	शब्द सीढ़ी का अभ्यास।
11.	भोजन की थाली +कार्यपत्रि का	10 days Novemb er	None	 do	11	
12.	आई दीपावली + कार्यपत्रिका	10 days Novemb er	None	 do	II	विभिन्न प्रकार के वस्त्रों के नाम लिखिए।
13.	गायक गधा	5 days Decemb er	None	 do	u	
व्याकरण	विलोमशब्द, क्रिया, मित्र को पत्र।	10 days Decemb er	None	 do	п	कोई 2 चुटकुले लिखिए।
14.	ऋतुएं , अपठित गद्यांश।	11 days January	None	 do	п	
व्याकरण	विशेषण, महीनोंकेनाम	10, days January	None	 do	П	गिनती लिखकर



	, समानतुक वाले शब्द					चित्र बनाओ।
15.	हाथी + शब्दसीढ़ी, निबन्ध होली अनेकार्थीश ब्द +पुनराभ्यास	February	None	 do	и	पुनराभ्या स।

Name of Book- My New Canvas/ Cornerstone

Subject - English

Prescribed Book by CES other than NCERT.....

Chapter No./ Name of the chapter	Time duration for the topic	Con tent to be del ete d / res huff led	Teaching methodology and recap	CofparisonfrofZCERFbook	Remark	Project chapter
CB: L-1.Rinsy Packs the Picnic Basket VOCABULARY: Introduction of new words through vocabulary videos/ Cornerstone (Grammar): 1. Vowels	APRIL 20 days					Integrated with Visual Art Guided scenery drawing and naming the objects in drawing. Integrated with Performing Art Rhyme recitation with actions, expressions and voice modulation. (Nouns Song) INTEGRATED PROJECT ROUND 1: ANIMALS (SDG 15) Integrated with Visual and

2. The Sentence 3. Capital Letters, Ful 4. Nouns: Common at 5. One and many 6. Nouns: MALE AND SONG: Nouns Song https://youtu.be/8p5t EKmA7g Grammar-Learner w common objects such pictures are shown Reading Skills: Storyv https://storyweaver.c picnic-on-grass Hide and Seek (Round https://literacycloud.c Speaking Skills: 1. Intr 2. Public speaking th project. 3. Poem Recitation. Listening Skill: Readin attentively to prepare for an outing. Writing Skills: Write th (introduced through w their meanings in voc			Performing Art https://youtu.be/cLr49bT1IGU(Making Animal eye mask) Students will make an eye mask of any endangered animal and speak how they can help in saving them. (First person narration)
CB: L-2.The Chair L-3. Full Moon (poem) VOCABULARY: Introduction of new words through vocabulary videos. Cornerstone (Grammar): 8. Pronouns 9. More on pronouns	June- 8 days	L-3. Full Moon (Poem) rhyming words 'a' as short 'o' sound Reading and Appreciation SUGGESTED ACTIVITY *Students to prepare a Moon Activity Kit and show different phases of Moon. Record the observations. *Worksheet on rhyming words. The text is difficult to comprehend	ACTIVITY: Dumb charades Students will be divided into teams and different actions will be used in the Dumb Charades ativtiy. LINK (ACTION WORDS)https://www.youtube.c om/watch?v=8NcOg6sl46U Pairing Adjectives Drawing a figure using adjectives. For example: The face of the figure is "round." It has "big

CB: L-3.Full Moon (poem)-contd. L-4. My Friend Somu VOCABULARY: Introduction of new words through vocabulary videos. Cornerstone (Grammar): Verbs and Adjectives. POEM: Friends https://youtu.be/Vop _oH 8buk	JULY- 24 days 1 block tests		ACTIVITY-From the given list of words tick mark the words that are connected with the moon. LINKhttps://www.youtube.com/watch?v=76- HAqNKqKA&t=67s :LINK.https://www.youtube.com/watch?v=xLYEBrBlfdU(Naming Words) Pronoun Frame Make a family picture, name the members and then assign the correct pronoun.
CB: L-5.The Rainbow (poem) L-6.Walnuts and Pumpkins VOCABULARY: Introduction of new words through vocabulary videos Cornerstone (Grammar): Has/have and is/am/ar	August- 26 days		LINK:https://www.youtube.com/watch?v=SnCSPcw3ag0(USEOF IS,AM,ARE) INTEGRATED PROJECTROUND 2: PLANTS-OurGreen friends Integrated with Art and Environmental studies ACTIVITYStudents will draw a plant or tree and write 5 advantages or uses the same. ACTIVITYStudents will learn the following song and sing in teams. LINK: SONG: The needs of a plant https://youtu.be/dUBIQ1fTRzI
CB: L-7.The Pigeon Party (poem) L-8.Ten Ways to Celebrate Your Pet's Birthday VOCABULARY: Introduction of new words through vocabulary videos Cornerstone (Grammar): Was/were	Septem ber-24 days	L-8. Ten Ways to Celebrate Your Pet's Birthday (PROSE) compound words, 'aw' sound words Reading and Expression SUGGESTED ACTIVITY	LINK:https://www.youtube.com/watch?v=71hqRT9U0wg Listen to the song and dance to the beats with your family as a part of celebration. Prepare a birthday card for my best friend.

		*To Do List- Five things that students would do for their pet to make them feel special. *Dictation on 'aw' words		
CB: L-9 Santa's Christmas VOCABULARY: Introduction of new words	October - 22 days 2 block tests			INTEGRATED PROJECT ROUND 3: WATER Integrated with Environmental
through vocabulary videos POEM: Festivals & Celebrations https://youtu.be/JEK OSc KPiK8 Cornerstone (Grammar): Sentences				studies and sports ACTIVITY: Water vocabulary and passing the ball. https://youtu.be/ZcCAkWT7df4 Listen to the song,learn and recite it in the class with actions and exp
CB: L-10.My Dog Ate My Homework (poem) L-11.Ant and the Grasshopper VOCABULARY: Introduction of new words through vocabulary videos Cornerstone (Grammar): Adjectives and more about adjectives	Novemb er- 20 days			ACTIVITY-Make a chain of at least ten words having 'ie 'sound. For example-brief LINK:https://www.youtube.com/watch?v=5ZkMbLkGims(ADJE CTIVES) https://www.youtube.com/watch? v=esc6yoAU5yU(IE WORD
CB: L-12.Here Comes Piku L-13.Maggi Eats Only O's VOCABULARY: Introduction of new words through	Decemb er- 24 days 3 block tests	L-13. Maggi Eats Only O's (PROSE) Question words and 'ow' sound words Reading and Comprehension	The text of the lesso n pro mot es	https://www.youtube.com/watch? v=HGeuA4iJ8vI Listen to the rhyme based on opposite words. Prepare a list of opposite words using pictures(draw/paste)

vocabulary videos POEM-Shapes All Around https://youtu.be/Vdz zE20 zQC8 Cornerstone (Grammar): Opposites and Question words.		Experiential Learning SUGGESTED ACTIVITY *Cooking without fire- Making a sandwich of different shapes *Speaking ActivityConvers ation using Question words	selec tive eatin g habi ts	LINK:https://www.youtube.com/watch?v=Ww4C71AWDWk(WHFAMILYWORDS)
CB: L-14.Why Dogs Chase Cars? VOCABULARY: Introduction of new words through vocabulary videos. POEM: My Pet https://youtu.be/dlo m70 1Uowg Cornerstone (Grammar): Joining words	January -21 days	L-14. Why Dogs Chase Cars? (PROSE) 'ou' sounds, use of joining words- and,or, but Reading and Exploration Art Integration SUGGESTED ACTIVITY *List down the currencies of five to seven G20 countries along with the pictures. *Worksheet on Joining words		INTEGRATED PROJECT ROUND 4: SEASONS Integrated With Visual And Performing Arts https://www.youtube.com/watc h?v=hi8aK2euT38 Prepare a Four Season Tree using any art technique finger dabbing,ear bud printing or tearing and pasting.
CB: L-15.Banku Bear and His Fear (poem) VOCABULARY: Introduction of new words through vocabulary videos Cornerstone (Grammar): Prepositions.	Februar y- 23 days			https://www.youtube.com/watc h?v=Ny8Lrwd8WEg Listen to the rhyme and recite the rhyme on Seasons in the class with actions and expressions
POEM-The Sun and the Moon https://youtu.be/hG8	March- 22 days 4 block			

5D6 9Pepw -REVISION-	tests		

VALUE EDUCATION SYLLABUS CLASS – II

ROUND	TOPICS	ACTIVITY
I	Love all beings (Great or small)Road safety	 Smart class module Question – Answer round based on smart class module Poster making on road safety Video: https://youtu.be/r7ht0d6pIfs
П	Caring for othersCleanliness	 Smart class module Question – Answer round based on smart class module Quiz on cleanliness Video: https://youtu.be/82h12spypps Video: https://youtu.be/krthACA6Xj8 Nelson Mandela Day: Motivational Story
Ш	PunctualityWe are born equal	 Smart class module Question – Answer round based on smart class module Class discussion on Punctuality Video: https://youtu.be/PsUrZUz7esk
īV	Honesty Courtesy	Smart class module Question – Answer round based on smart class module Enactment of the story – Honest Woodcutter Video: https://youtu.be/lxpMwnuM8ZU Video: https://youtu.be/ATGskXkZI3w Story on Safety Child rights Story

ART SYLLABUS 2023-24

CLASS - II

MONTH	NAME OF TOPIC/CONTENT	TIME DURATION OF THE TOPIC	CONTENT TO BE DELETED /RESHUFFLED	REASON	COMPARISON FROM NCERT BOOK	REMARK	PROJECT/ACTIVITIES
APRIL	Rabbit and Squirrel (Colouring in patterns) Dolphin (Colouring with crayons)	4 weeks					
MAY	Cats (Colouring with Pastels) Three Friends (Tracing and Colouring with Crayons)	2 weeks					
JUNE	Hish (Paste wool and colour with Crayons)	1 week					
JULY	Bear (Word Filling) Sketching of Rainy Day	4 weeks					
AUGUST	Well (Sketching and Colouring with Crayons)	4 weeks					
SFPTFMRFR	Scenery (Sketching and Colouring with Chalk) Butterfly (Colouring with Sketch Pen) Beautiful House (Colouring with Crayons)	4 weeks					
OCTOBER	Grand Parents Day (Card making activity with the help of thumb impression) Diwali Scene (Sketching and Colouring with Crayons)	4 weeks					
NOVEMBER	Fruits (Sketching and Colouring with Crayons)	4 weeks					
DECEMBER	Birds (Origami Activity) Santa Clause (Sketching and Colouring with Crayons)	4 weeks					
JANUARY	Basic Shapes (Sketching and Colouring with Crayons) Butterfly (Sketching and Colouring with Crayons) Mouse (Origami)	4 weeks					
EBRUARY	Angel Tracing and colouring activity) Pupples (Sketching and Colouring with Crayons) Hair (Spray Painting)	4 weeks					
MARCH	Fruits Cotton Impression) Pineapple (Sketching and Colouring with Earbud) Lady Bird (Block Printing) Landscape (Sketching and Colouring with Crayons)	4 weeks					



DANI	OF CV	LADI	10 000	
DAN	- V	-1 $\Delta \mapsto 0$	JS 2027	- //

2				DANCE SYLL	ABUS 2023-24 SS - 11	4		
	IONTH	NAME OF TOPIC/ CONTENT	TIME DURATION OF THE TOPIC	CONTENT TO BE DELETED /		COMPARISON FROM NCERT BOOKI/ LEARNING OUTCOME / SKILL DEVLOPMENT	REMARK	INTEGRATED WITH SCHOLASTIC & CO- SCHOLASTIC SUBJECTS PROJECT/CHEPTER
4	\PRIL	Classical Dance- Manch Pranam	4 Week	First of all, Standing in the Dance Position and Performing the Stage in the Manner of the Dance.		Practical		ı
5	MAY	Exercise of kathok	2 Week	Basic Body Movements of Kathak Dance		Theory & Practical		
6	JUNE	Basic Leg Movement of Classical Dance	2 Week	Leg Movement with Counting		Practical		
7	JULY	Guru Vandana with Shloka	4 Week	Teaching Guru Vandana Steps by Counting & Sound Track		Explaining The Meaning of Guru Vandana, Teaching Dance Using Postures		Writing an Article or Poer Related to the Guru.
8	AUG.	Patriotic Dance	4 4Week	Patriotic Dance Steps With Easy Leg Movement &Hand Movements		Patriotic Dance Steps With Counting & Songs.		To Make a List of The Name The Patriots Who Gave Freed to India.
9	SEP.	Ganesh Vandana	4 Week	Teaching Ganesh Vandana Steps by Counting in First, Second Week and Step with Song in Third, Fourth Week		Practical		To Find Out and Discuss Ab How Ganesh Chaturthi is Celebrated in Different Regio India.
10	ост.	Folk Dance	4 Week	Basic Footwork of Folk Dance with Counting		Teaching Steps Explaining the Differences in Folk Dance at the regional level		Write Down The Name of F Dances
11	NOV.	Garba Folk Dance	4 Week	Basic Leg Movement of Garba Folk Dance		Practical		Collecting Information About Instruments Used in Garba A Dance, Costumes and Where Dance is from
12	DEC.	Christmas Dance	4 Week	Christmas Dance Steps With Sound Track		Practical		Drawing Related to Christm
13	JAN.	Light Dance & Folk Dance	4 Week	Explain the Difference Between Different Forms of Difference Between Light Dance and Folk Dance		Theory & Practical		
14	FEB.	Saraswati Vandana With Shlok	2 Week	Basic Hand Movements of Saraswati Vandana With Mudras				
15	MAR.	Rivision of Classical Dance Footwork	2 Week	4 Beats of Leg Movement		Practical		

Edit with WPS Office

SUBJECT: PHYSICAL EDUCATION CLASS-II

MONTH	ACTIVITY PLANNED	LEARNING OUTCOMES /SKILL DEVELOPMENT	PEC /INTEGRATED WITH SCHOLASTIC AND CO- SCHOLASTIC SUBJECT
Apri I	Body Awareness ;Action songs [Buggie voggie] Body Movements ;Walking in straight line,zig zag,running variations	Use play as a basic form of learning and provide fun and enjoyment	HEALTH AND HYGIENE Integrated with EVS
May	YOGA; breathing and balancing yoga pose exercises,Locomotor skills;Walking ,Running,Jumping,Hoping	To enable the student for the good health	PEC; Body shape (Integrated with Maths)
July	Fit India - simple exercises Minor Game ;Freewalk. Target the ball	Demonstrate proper etiquette and good sportsmanship	Body balance game (Integrated with Maths)
August	Yoga : Vajrasana,Tad asana Khelo India Assessment Tack and Field Activities	To en able the student for the good healt h	Safety rules; DO'S AND DON'T IN SWIMMING POOL
Septembe	Movement Awareness – High and broad jump	To jump from height and distance with control and balance	Integrated with English and Hi
October	Fit India Protocol Exercise : Neck, arm, shoulder and legs, Athletics : Types of running - backward and zigzag	Use play as a basic form of learning and provide fun and enjoyment	Integrated with English and Hind
November	Fit India week : Exercise games yoga. Healthy Habits ;Cleanliness[Self and Environment]	To demonstrate ability and speed Discussion and demonstration	Integrated with E.V.S

December Mass P.T 1-10 exercises Minor Game: King of the Circle, spoon race

Yoga: Sukhasana

To practice the mental hygiene Demonstrate the ability to perform balance in various combinations and forms.

(Integrated with Maths) E.V.S

MONTH	ACTIVITY PLANNED	LEARNING OUTCOMES /SKILL DEVELOPMENT	PEC / INTEGRATED WITH SCHOLASTIC AND CO- SCHOLASTIC SUBJECT
January	Yoga: Halasana and Padma Sana Athletics 50 backward relay.	To possess emotional stability and integrated moral values	MEDITATION Integrated with Hindi
February	Body Awareness - Balancing, Stretching, Pushing, Pulling, Twisting bending Recreational game - Dog and the Bone	to control movements and body actions	ANIMALS; FROG RACE AND MONKEY RACE Integrated with EVS
March	Yoga: Tad asana, Trikonasana, Meditation Recreational games : water color relay.	To enable the stability and increase the concentration power	Integrated with English an ART.

MUSICSYLLABUS2023-

24

CLASS-II

	CLA33* II						
MONTH	NAME OFTOP IC /CONTENT	TIMED URATI ONOF THETO PIC	CONTENT TO BE DELETED /RESHUFFLED/METHODOLOGY /SUGGEST WAY TO APPLICATION	REASO N	COMPARISON FROM NCERTBOOKI/LEARNINGO UTCOME /SKILLDEVLOPMENT	REMAR K	NTEGRATED WITHSCHOLASTIC & CO-SCHOLASTIC SUBJECTSPROJECT/ CHEPTER
APRIL &m ay	Prayer SongSanskritS hlokas		Students will follow the tune andrhythmof thesongwith the help ofteacher.		Through music devolopingknowledge about ShlokasChanting		
JUNE	English Prayer,Parya varanGeet		Students will follow the tune andrhythmof thesongwith the help ofteacher.		Through music developsawareness about conservationofnature		Topic :- Plants our greenfriends To be integratedwith EVS&Art
JULY	GuruVandan a		Students will follow the tune andrhythmof thesongwith the help ofteacher.		Through Vandana developingrespect andimportanceoftheTeach ers.		Topic :- Our five SensesTo be integratedwith EVS
AUG.	Patriotic Song		Students will follow therhythm withthe helpof teacher.		Considering music as a way ofcelebratingIndependence Day.		
SEP.	NationalAnt hemcongo,k hanjariBeats		Students will follow the tune andrhythmof thesongwith the help ofteacher.		Considering music as a way torealise the powerof ourNation		



OCT.	Song on Diwali(RamB hajan)	Students will follow the tune andrhythmof thesongwith the help ofteacher.	Understanding cultural diversityand celebration of festivals ofIndiathroughsong.	·	
NOV.	Song on Water	Students will follow the tune andrhythmof thesongwith the help ofteacher.	Through music devoloping theknowledge ofnecessityofournaturalreso urces		To be integrated with EVSTopic :- Water
DEC.	ChrismasCar ol	Students will follow the tune andrhythmof thesongwith the help ofteacher.	Understanding cultural diversityand celebration of festivals ofdifferent countory/religionthroughson g.		To be integrated with MathsTopic:- NumbersandShaps
JAN.	Patriotic Song	Students will follow the tune andrhythmof thesongwith the help ofteacher.	Considering music as a way tocelebratingRepublic Day		
FEB.	Alankars &Rhythmpract ice	Students will follow the tune andrhythmof thesongwith the help ofteacher.	Understanding the basics ofIndianclassicalMusic	٠	
MAR.	Holi Song(Radha krishnabhaja n)	Students will follow the tune andrhythmof thesongwith the help ofteacher.	Understanding cultural diversityand celebration of festivals ofIndiathroughsong.		

